

# Development Model of 21<sup>st</sup> Century Global Human Transformation

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## ABSTRACT

Today, in the 21st century, a model is required to act as a catalyst for human transformation dissolving the worldly myth in the inner dimensions of human personality among the growing youth to enable them to experience the self-potency for global happiness. India's population today is such that 65% of the population is below 35 years, which is 1/6th of the world's population with the working force age of merely 29 years. 52% of the world's population is below 30 years. In addition to the increasing youth, technological innovations with AI are drastically changing lifestyles with uncontrolled freedom in the youth, who are getting addicted to smart devices, social media, drugs, alcohol, and romance; one outcome is that families' cultures are changing, and values are degrading with increase in greediness, corruption, leading to luxurious lifestyles inviting diseases at younger age. It also leads to a violation of nature; one example of this is Covid- 19 which threatened the world. Author Acharya aggregates over 16 years of training and research that he completed before his PhD. and 27 years post PhD. in Training. In level 1, about 2 million youth have been trained, and now the road map is to train 200 million youth in India, with the hope that their family members (800 million) will also be influenced by 2030. The current proposal is to Impart the "Acharya Human Transformative Model": self-experiential knowledge and inculcation of values, skills, and goals at physical, mental, intellectual, emotional, social, and spiritual dimensions of the human personality. The above ongoing level 1 massive youth transformative programs in India created "Lead India" which is functioning as a common transformative platform, supporting unseen 21st Century impacts of global transformations through growing youth, science, technology, AI, economic developments, social, cultural, and political happenings. Through this, it is hoped that a Global 21st century Human Transformation Revolution will evolve.

**Keywords:** Human-Values; Inner-Dimensions; Soul; Youth-Nation: Human-Transformation; 21st Century, Global, Revolution.

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## INTRODUCTION

The essence of human development is due to the advanced ability to control the mind and apply it appropriately and intelligently. The path of development gifted to human beings is the intelligence to discriminate what is right or wrong, what is profitable what is doable or not etc. while deciding any actions, with the check point righteousness: this implies that intelligence bestowed differently to everyone can be trained by imparting right knowledge. Edward de Bono [1] explained why some people always seem to have new ideas while others of equal intelligence never do. Many researchers in industry, educational institutions, and scientific institutions applied lateral thinking to groom intelligence to create newer options, Burgh [2]. The old patterns of thinking can be closed, and new ways can be easily developed as the basis for transformation.

William L [3] discussed the development of natural intelligence and grouped into five classes that operate on the neural tissues. (1) The modal principle sub serves to feelings, (2) The diagonalization principle sub serves to the decision principle which sub serves coherence, (3) and action, (4) while the discrete resolves into a figural principle, and the fifth activity (5) is the indexing principle, which is implemented through the neural mechanisms of language.

The present work considers, as defined by H L Rathva [10], the four modes of higher Intelligence Buddhi, Manas, Chitta, and Aham, which operate with a centered Atma- Soul as the core, and have been written in the Vedic scriptures. B G Prabhupada [5] an acharya in the holy temple of Tirupati-India has described the fundamentals of the Vedas and their relevance to human life.

Goparaju Purna Sudhakar [6] applied the concepts of these Vedic sastras and principles, to management. Bhavesh A Kinkhabwala [7], applied the basics of the Bhagavad Gita learnings to leadership, management, and sustainability. The success of the various applications with success has enhanced the present work of Acharya to teach the children when young in schools and colleges so that they adopt it in their careers to be righteous and successful. Bhagavad Gita, BG, Dimitrova [8] applied the Vedic scriptures beyond India to improve morale, build confidence, bring assertiveness, and create job satisfaction.

Adi Shankaracharya [24], when asked about his identity by his guru, said that he is a pure happy vibrant soul [24]. This identity of that saint is the goal for all seekers of spirituality is self-realization. These background principles formed the basis of the transformation proposed by Sudershan Acharya, who incorporated them into his model to transform school children in rural villages in India. The effectiveness of the institutional implementation was monitored at Sreyas Institute of Engineering and Technology, Nagole, Hyderabad, India. Suresh Akella [14, 15, 16, 17] made models of exam results of students with a statistical basis.

### **Level 1: Current research and trainings of Acharya in India.**

Acharya integrated his 41 years of research with 11th President of India, Dr. APJ Abdul Kalam and Kalam's research publication, 'India 2020 - A Vision for New Millennium' and designed "Acharya Kalam's National Transformative Model", for training all students of India, with the transformative training program, called, "Aap Badho Desh Ko Badhao". Which means, Individual development leads to National development. This program has seen immense success, and the Supplementary material table provides the chronological support, implementation, and progress. The school program was later extended to colleges and professional institutions. The effectiveness of the institutional implementation was monitored at Sreyas Institute of Engineering and Technology, Nagole, Hyderabad, India. Suresh Akella [15, 16, 17] made models of exam results of students with a statistical basis. Suresh Akella [16] has shown the improved commitment of students who underwent Lead India's "Aap Badho Desh Ko Badhao" training by the fresher's, the first year, of even the covid year batch. Similarly, the institutional staff adopted the Lead India value system in establishing the institutional academic procedures for obtaining NAAC accreditation. The program is being continued to date with Lead India National Clubs (LINC's)

This program has been given to over 1.8 million students in 11 states of India. 11<sup>th</sup> President of India Dr. APJ Abdul Kalam in his last Presidential message to the nation introduced Dr Sudershan Acharya to the nation and as a missile scientist examined the impact of this programme and shared to the nation and later declared that this is a proven and tested mission oriented program should be imparted to all students of India [9]. He also has written a letter to Mr. Kapil Sibal, the then, Minister for HRD, Government of India [25]. He also shared a case study of Srikant Bolla a visually Challenged student's success story impact of this program [9], where present Prime Minister of India Mr Narendra Modi is listen the success story [9]. Srikant Bolla's interaction with Acharya and Dr Abdul Kalam in Rastrapathi Bhavan (President of India's Office) photo [12], Feature Film publicly available trailer [13] and Dr Naveen Karunya another students undergone this programme as school students later become youngest Ph.D eradicated his family poverty, is the role model [26] and Government of Andhra Pradesh government funded these research and training programme to train about 1.5 million poor student of the state though it was lunched for 2.3 million students [27]

Expanding these trainings to the youth of the world to obtain a global humanitarian transformation. Nallaboina Sudershan Acharya [23] is the basis of this model.



**Figure 1: Srikant Bolla Interaction with Acharya and 11<sup>th</sup> President of India Dr APJ Abdul Kalam [12]**



**Figure 2: Composite Andhra Pradesh Chief Minister Dr. Y.S. Rajasekhara Reddy Launching Lead India Trainings to 2.3 Million Students [27]**

### Past Revolutions

The invention of the wheel has brought forth the Industrial Revolution in the 19th century, enabling Europe and the western world to advance economically. Shortly thereafter, in the 20th century, the invention of the computer chip led to an Information and Technology (IT) revolution in the United States of America and other Eurocentric nations; India also advanced in Technology impacting Human life. Many studies have been conducted on the “White Revolution” led by Varghese Kurian [20] and the “Green Revolution” by Professor M.S. Swaminathan [19]. Each of those revolutions had a unique, defining catalyst, whether it be the wheel or the chip, or some other new change. Just as the wheel and the computer chip brought forth the industrial and IT revolution, respectively, now AI era is revolutionising younger generations influencing education, reshaping global culture, economy, governance and propelling scientific breakthroughs.

The Human Transformative Model will ignite self-interest and impart knowledge for the exploration of the inner dimensions of human development, for exploring the hidden potential. It will be this, realized population that will drive the coming Human Revolution.

More importantly, despite several countries have taken a unanimous resolution to protect the planet in the fight against global warming/environment in the Global Education Summit, which was held on July 28th and 29th of 2021 in London and online, real action has been minimal. Instead, every country seems to be concerned only with raising its status, as demonstrated by the increased defence budgets of these countries as opposed to environmental sanctions. Who can correct the actions of such powerful political figures? It is India that has proposed “Mission Life”, to the world countries to adopt Environmentally Friendly Life. To add to that, it is India that is allowed to preside over G20 Summit-2023 in India.

### Human - External vs Internal:

Today, our education and society are preparing youth for their careers by defining success as being able to earn as much money as possible in the shortest amount of time with the least amount of effort. This is then followed by a selfish life of lavish spending; they are tempted by all worldly pleasures. For instance, according to the Centers for Disease Control & Prevention, USA [18] Statistics, as presented in figure 1, 4,777 Americans aged 15 to 24 years old died of an overdose of illicit drugs in one year. 2.08 million or 8.33% of 12- to 17-year-olds nationwide reported using drugs in May 2021. Figure 2, shows that by the exact age of 20 years, 77% of individuals had had sex, and 75% had had sex before marriage.

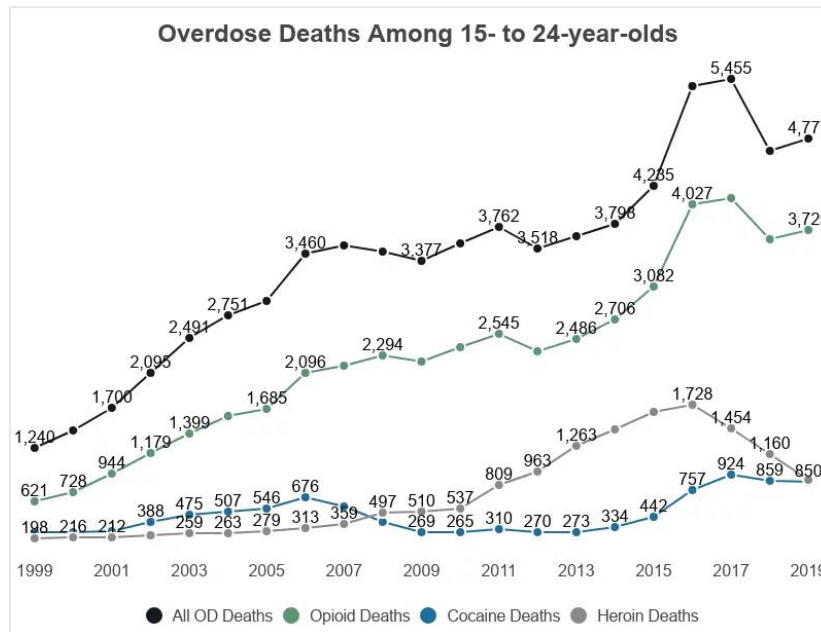


Figure 1: Deaths caused by drug usage [21]

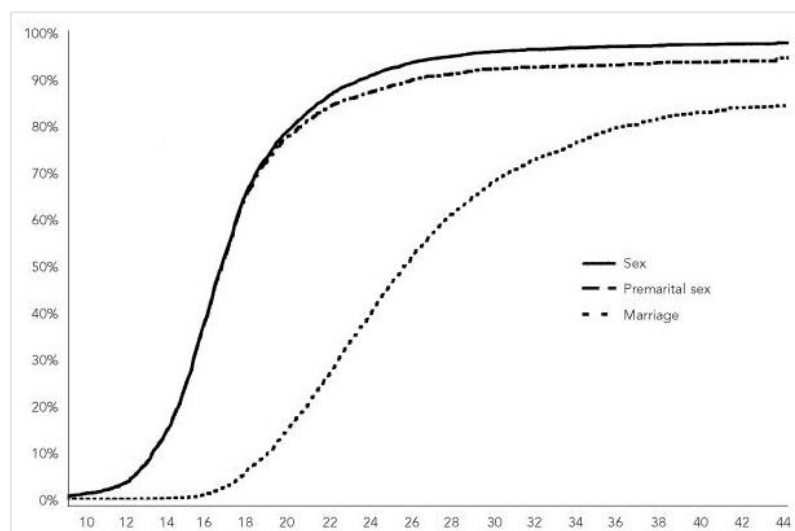


Figure 2: Percent of individuals who had premarital sex [22]

We need to use an analogy from plants to understand why this is a huge problem. The bud of a plant turns into a flower, which then leads to fruit. If a bud is nipped at the germinating phase, then that plant can no longer have flowers or fruit. Similarly, if an individual is corrupted with sensory pleasures at a young age, they will be unable to reach their full potential.

## Level 2: Acharya Human Transformative Model

An answer lies in the Acharya Human Transformative Model, presented in Figure 3. This model provides knowledge of the various inner dimensions of human personality. These dimensions include not only the physical, the mental, the intellectual, the emotional and the social, but also the spiritual. Each dimension is independent, but also interdependent in its interactions and influences, and impacts life and beyond, with its functionalities and processes. At each stage, one must understand their purposes. We also must keep in mind the fact that the inherent nature of these dimensions is to drive an individual towards outside worldly attractions/ involvements. It is also very important to know how the journey from outside world and the gross body passing through the subtle body inwards, the dimensions continue to become more and more subtle. Thus, each dimension becomes a challenge that one must understand intrinsic actions and reactions within each of the inner dimensions and pass through throughout their life. Please examine,



**AAP BADHO MANAVATA KO BADHAO (Individual Development leads to the Human Development)**



**Figure 3: Acharya Human Transformative Model**

**Dimension 1: Physical Body- Gross Body- Life vehicle to do all activities.**

In the physical dimension, all worldly activities are performed through the vehicle of the physical body without realizing the fact that it is like any other non-living thing in this world, without the mind. It is only like a car for a living body to carry the vehicle of life. The body is only a tool in the hands of the mind. This physical body is also called – Sthula Shareera, Gross Body.

**Dimension 2: Mind- Subtle Body- Thinking**

The first dimension after the physical body is the Mind. This mind is also called as-Sukshma Shareera. Knowledge of one's nature of mind and its ongoing processes and latent powers of mind is very essential. This dimension allows an individual to ignite the infinite powers of the mind, allowing human beings to live with optimal potency. The health of the body and happiness of life depends upon the condition of the mind, which normal human beings don't understand, or relate intrinsic process that goes on inside the mind therefore suffer ill health with their created diseases and happiness evaporates.

Human beings can become scientists to explore Self-Diseases to be Healthy and Happy. The mind gives the individual the ability to live for a hundred years without diseases. This is as described in the Sanskrit sloka from the Krishna Yajur Veda, 6th Kanda, and 10th Anuvaaka. "Shatamanam Bhavathi Shathayuhpurushah, shatendrivyayushevendriye prathitishtathi".

Today, many people are living on medicines, suffering from modern diseases like diabetes, heart abnormalities, high/low blood pressure, etc. Even school-going children need stronger and stronger eyeglasses. One must understand that whole of nature was created and is existing because of the five basic elements of Earth, Water, Air, Fire, and Space. In ancient India, saints were leading a far more natural way of life, curing diseases naturally with a school of medicine known as naturopathy or Ayurveda. It involved preventing and curing diseases with plants, herbs, roots, flowers, leaves, etc. Similarly, many other eastern countries have developed alternative forms of natural medicine, such as homeopathy in Germany and Acupressure in China. Western scientific inventions, however, developed Allopathic medicines from chemicals. These treatments work to abate the symptoms of many illnesses, as opposed to curing the illnesses themselves via the root cause.

The composition of nature and its creations, such as the human body, is so uniquely complex that most universal, scientific/mathematic principles and mechanisms can be found within. Thus, each human being must become a human scientist, analyzing the constitution of their own body, and inner dimensions how they are reacting to each other creating diseases and they have to be identified. Another important thing is to resolve issues by using alternative therapies and use allopathy for surgeries and all emergencies etc as it has its limitations in prevention and cures. This way, one can live for 100 years with good health and happiness. Thus key of the Human success or failure, health or happiness or self-transformation lies in self-understanding of the intrinsic mind and its higher intelligence lying in inner dimensions as follow.

### **Dimension 3: Intellect- Buddhi- Decision Maker**

If we observe critically, the mind can think, analyze, reason, memorize, and imagine etc but, it cannot decide on its own. That function belongs to a deeper higher dimension of the mind known as buddhi (intellect). The intellect is responsible for making each decision and thereby all actions are performed based on the decisions taken by the Intellect.

Human beings take decisions intellectually for profit or success and do their best yet sometimes those decisions are proven wrong. It is not only individual decisions but also national and international UNO decisions also are not giving desired results sometimes. Recent Covid 19 is a classical example where whole worlds intelligence failed. This implies that there is another dimension beyond Intellect which alters and affects decisions. What is this? This is presented in the discussion below on the remaining dimensions.

### **Dimension 4: Emotional – Bonding Heart**

Another interesting dimension is the emotional plane, which is not seen outside like mind. Every human being experiences emotions, where these emotional feelings are being generated, it's a ticklish to pinpoint. It is located in the heart, but not the biological, four-chambered red heart that we are all aware of. Rather, it is the intrinsic heart that can be felt with one's emotions: happiness, sadness, loneliness, anger, calm, etc. In Sanskrit, the elements of emotion are generating because of inner 6 enemies described in Bhagavadgita Chapter 16, Sloka 21 [4][11] as: Kama (Desire), Krodha (Anger), Lobha (Greed), Moha (Attachment), Madha (Arrogance), and Matsarya (Jealousy). One must learn to identify, learn to control, tame these emotions over a period of time, by not allowing them to make human beings slaves of one's own self. Just as a powerful sun can be blocked by the clouds in the sky, strong emotions burst out beyond self-control and create problems. For instance, if one is angry, that person's decisions may be rash and unreasonable. They may make choices that they regret later.

### **Dimension 5: Social – Relating**

Human being is a social animal. No individual can independently sustain alone. One has to live in some kind of relationships and keep doing transactions. During which all human beings will conflict between external ego and internal ego. Similarly, law of cause and effects takes place in all actions and reactions. Hence Subject is dealt as follows:

#### **Dimension 5.1: Ego-**

Interestingly, the cause of all emotions of humanity is ego. If the mind attaches itself to the human ego, then intrinsic emotional bondage is formed, leading to arrogance, sadness, anger, etc., all of which only serve to distance an individual emotionally from others and one's own inner self the soul. When ego is driven with outside worldly things as my house, my car, my children etc that myness creates emotional bondage and there by its resultant factors create emotions of desire, if not fulfilled it emerges as anger, if it enjoyed it forms into greediness etc. Conversely, if the mind latches on to the inner self -soul, the ego and its emotions dissolve.

#### **Dimension 5.2: Causal Body –**

The acts of giving and taking in day to day transactions as well as in our relationships taking more or giving more or vice versa happens which will result into debit or credit in our individual balance sheets. Though human beings can't remember debit or credit dues, it will be recorded in our accounts which will not be seen like mind, not just money, food, or property but also mental sad and happiness created in between the people.

All this takes place in the innermost intelligence constantly and results in the various happenings of lives. Diseases are nothing but accumulated negative effects of their own anger, stress out of speaking lies etc. People term as Good Luck or Bad Luck which have got no scientific base. Thus, by death, one should aim to leave the balance sheet with a zero or positive balance to prevent re-entry into the ongoing cycle of birth and death. The hub that maintains all causes and their effects called a Causal Body- Kaarana Shareera.

Besides the above intrinsic inter dimensional processes interactions, reactions, influences in between mind, intelligence, emotions bonding, ego creates one's own causal body which is invisible driver of the individual's health and happiness of life and beyond.

Giving maximum happiness for the maximum number of people for the maximum amount of time is the real religion of Humanity, which is captured perfectly in the ancient Indian Vedic prayer which says:

“LokaSamasthaSukhinoBhavanthu” which means “May All the Beings in All the Worlds Be Happy and Peaceful” Prime examples of such selfless services are Thomas Edison who invention of the lightbulb, Gandhi with his non-violent protest against British rule, President Abdul Kalam with his missile development for Indian defence, and Acharya, with “VasudhaivaKutumbakam” means Globe as a family, Fig 4 is from his Ph.D. (Osmania University, Hyderabad, India, 1998- Inculcation of Human Values among children) Transformation Model teachings and the very model referenced throughout this document.



**Figure 4: Vaudhaiva Kutumbakam, Global Family [23]**

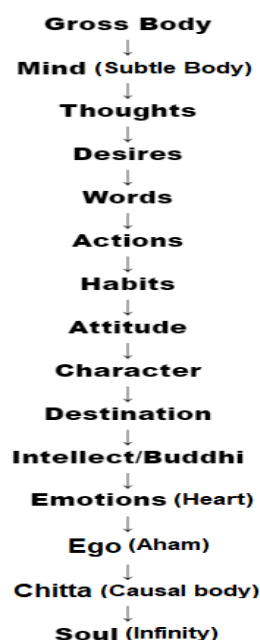
With this perspective, all of society, science, and worldly education can be found internally; however, this insight is not provided to human beings. As a result, many lead their lives ignoring the inner dimensions, which are the true purpose of creation, nature and living life to the fullest. Only human beings can grasp and experience this concept. If we fail to do so, what is the difference between humankind and animal kind? How can we stop nature from challenging humanity with periodic pandemics?

This exploration remains untouched. Hence, this human transformation model brings human revolution for human coexistence with nature providing a purpose and an eternal goal for human lives.

#### **Dimension 6: Spiritual- Soul ‘Inner Experience**

Lastly, we arrive at the spiritual dimension of human personality. In this dimension soul is the subtlest and source for all other dimensions to function. Despite being invisible, it arguably provides the ultimate experience of infinity which is inside the individual as a soul. All of the other dimensions can function only with the power of the spirit within. By connecting with the soul, one exists and functions. All of us can experience worldly activities and their effects. This is the essence of all the religions, sciences, preaching, practices, and values of humanity. Inversely, all worldly sciences and curriculums can source from the soul as an infinite fountain of knowledge. This is also the source of perpetual happiness, almost to the point of blissfulness. By realizing that all of nature is already within, an individual can become one with himself, experiencing a sense of oneness. This oneness is characterized by omnipotence, omnipresence, and omniscience. It is from this level that life must be led, drawing strength from within.

#### **Process in the Mind and Dimensions of Acharya Human Transformative Model**



**Figure 5: Process & Dimensions of Acharya Human Transformative Model**

This is the driving force behind the “Aap Badho Manavata Ko Badhao” (Individual development leading to the inner development of humanity) ideology, which serves to set goals and inculcate values and skills at every dimension via the Acharya Human Transformative Model, fig 3& 4, whereas Fig 5 explains the processes and sequential relationships between each dimension.

### **Solution of Acharya Human Transformative Model**

The Awareness of different Inner Dimensions of Individual Development for Human Development (Aap Badho Manavata Ko Badhao - ABMB), model is presented, in Figure 5. The unique creator has made every human being different regarding the culmination of their physical, mental, intellectual, emotional, social, and spiritual dimensions. Every single person, their nature, functionality, abilities, etc., will be unique and different from others. Every human being will be involved with some purpose and some activity. Every human being's mind functions with a unique set of thoughts, desires, expressions, memories, attitudes, and characters. Given that the mind does not die with the physical body, it carries its unfulfilled desires, actions, attitudes, and characters. Moreover, it contains the causative residue of previous transactions. When the physical body dies, these are carried to the next body in the process of rebirth as the causative body carries on, as per Figure 6. ABMB educates the exploration of the inner dimensions' uniqueness for one's self-development and liberation; this will save humanity from suicides and reduce the divorce rate of couples leading to the Human Transformative Model.

Now the road map is set to train 250 million youth of India by 2030. Assuming an average family size of four per individual, this is already a staggering amount of 800 million of Indians who will be transformed. The effects of this transformation are not limited to India alone, given that a sixth of the human population is in India. This training will be imparted to the youth of other countries, which will evolve into a Human Revolution. In addition, besides growing youth transformations, global transformations through science, technology, economic developments, and social, cultural, and political happenings will result in the Global 21st century Human Transformation revolution.

### **Level 3: 21<sup>st</sup> Century as Human Transformative Revolution**

In the 21<sup>st</sup> century, following the 19<sup>th</sup> century industrial revolution and the invention of the computer chip in the 20<sup>th</sup> century, leading to the IT revolution in the united states of America, there were valuable revolutions in India namely the White and the Green Revolution. Today, we need a human revolution which should serve as a catalyst for the human race. This Human Revolution is possible by adapting Acharya Human Transformative model powered with AI.

As a result of this revolution, changes will be seen on several levels. For one, the existing education system will have to be adjusted to be more holistic. The Acharya Human Transformative Model will enable individuals to begin an internal exploration of each dimension of the human personality. The knowledge exploration of each dimension and their interactive influences impacts observations leading to self-control and balances arresting negatives like anger, greediness, jealousy, arrogance, etc., on one side and awakening the inner potency with a journey into the self-Soul. This will bring a great change in the individual, impacting their families, communities, nations, and the humanity.

In addition to these internal dimensions, an exploration in the outside in the domains of technological inventions powered with Artificial Intelligence (AI) as a personal Guru, social media, society, cultures, psychological and scientific education, and economic development will cause changes that will impact human transformation continuously, which is going to accelerate and become obvious in the 21st Century. In addition to the above factors, a big probability for the 21st Century human transformative revolution is due to the sudden abnormal raise of the younger population in India and all over the world. Today 54 countries have young Indian leaders who are working as CEOs, and 32 million Indians working for other countries all over the world. The Lead India movement itself has the goal of transforming 250 million students influencing 800 million populations by 2030 and achieving UNO Sustainable Goals 1 eradicating poverty and impart Quality Education of Goal 5 aligning with the government of India's Viksit Bharat @2047.

With such a huge transformation there will be the highest levels of transformations in education, curriculum, methodologies, and pedagogies. This means universities and Ph.D. candidates at these universities will need to conduct a thorough and careful investigation into their subject matter. The data must first be researched, gathered, filtered, analyzed, and processed, as is the case in any emerging, traditional field of study. Then, these findings must be extrapolated into text in the form of research publications. It is only when such knowledge is thoroughly understood can the findings be transformed into a standard curriculum for students.

By properly adjusting objectives and values, execution and change can happen at a massive scale, and the positive effects of ABMB will soon be seen in a change that will demarcate a great shift in history. It is only a matter of time.

### **CONCLUSIONS**

The human race is passing through a time where youth is growing and taking over power and responsibilities: from individual families to national governments, global dynamic transformations are also happening in science, technology,



societies, and cultures in all nations evolving a silent Global Human Transformative Revolution in this 21st century. The Author has trained about 2 million youth since 2004, with ABDB (Individual development leads to National Development) with former President of India Dr APJ. Abdul Kalam, as Level 1, is also going to train global youth.

This proposal is about Level 2, “Acharya Human Transformative Model” which is designed to impart knowledge, values, skills, and goals at physical, mental, intellectual, social, and spiritual dimensions of the human personality and create checks and balances of the emotions, taking righteous decisions, improving the inner potency, and experiencing oneness with humanity and nature. This will stop not only social evils such as suicides, divorces, and challenges of health and happiness but also reduce COVID, like Pandemics and wars.

Level 3: This is the reality of influence of time creating Global Human Transformative Movement happening across the global transformations through growing youth, science, technology, economic developments, and social, cultural, and political happenings creating a Global 21st Century Human Transformation Revolution.

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