

Sustainable Agriculture: Decoding the Prospects

Preeti Nagora

Assistant Professor, Department of Geography, Govt. Arts College, Kota (Raj.)

ABSTRACT

India, being a developing country is growing at a very fast pace. Growth and development process goes accordingly with the increase in population. This population is dependent on resources are inefficient to sustain its longevity. Food production is the utmost requirement of population. With this it's sustainability requires serious attention. Thereby, sustainable agriculture has to be addressed with environmental conditions to be taken into consideration for food production for the millions to be feeded for the forthcoming generations.

Keywords: Inefficient, Longevity, Sustainability, Agriculture, Population, Generations.

Sustainable Agriculture is prevalent term in the present times, In order to understand the term professionally, the literal meaning of sustainable needs to be identified i.e. involving the use of natural products and energy in a way that does not harm the environment. When, we associate sustainability with agriculture, it identifies the conservation of natural conditions of soil, water etc to be used for agricultural produce. It can be explained as production of food in environmentally secured ecosystems according to the report of (FAO, 2017). It has been reported by the world organizations that 70% more food production will be required for estimated 9.6 billion world population with their recommended daily calorie intake. Therefore, sustainability in agriculture is a need of an hour to promote economic stability for farmers and to maintain the natural conditions.

What is Sustainable Agriculture?

Sustainable Agriculture is a farming method that aims to protect the environment, use resources efficiently and meet the needs of current and future generations. It also aims improve the quality of life for farmers and the community. The word-sustain, comes from the Latin word *sustinere* (sus-, from below and tenere, to hold) to keep in existence or maintain implies long term support or permanence. As it pertains to agriculture, sustainable describes farming systems that are capable of maintaining their productivity and usefulness to society indefinitely.

Techniques for adoption of sustainable farming are :-

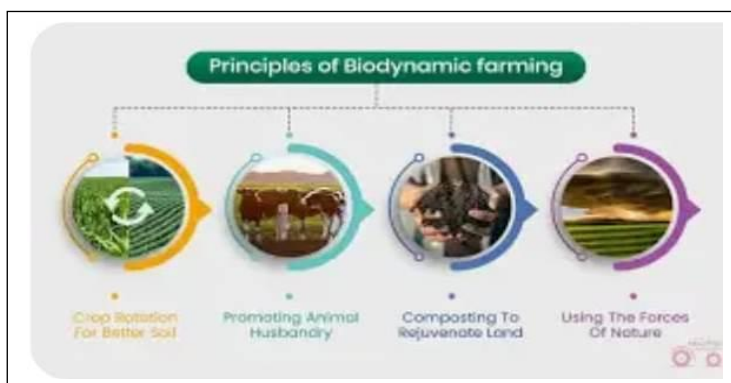
- **Crop Rotation** means growing different crops in the same field in a sequence in different seasons to prevent soil depletion and control pests. It has been a prevalent practice all over the world since ages to replenish the minerals and nutrients of the soil.

Crop Rotation



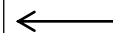
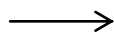
- **Integrated Pest Management (I.P.M.)** using a combination of biological, cultural and chemical methods to manage pests and diseases.
- **Conservation Tillage** Reducing or eliminating conventional tillage activities to reduce soil disturbance and erosion.
- **Cover Crops** Planting crops like clover, rye and hairy vetch during the off-season to maintain and improve soil health.
- **Mulching** Adding organic materials to the soil surface to improve water retention and nutrient cycling. This method is adopted for sustainable agriculture to build pollution free environment and to promote profitable commercial agriculture.
- **Biodynamic Farming** is a form of alternative agriculture based on pseudo-scientific and esoteric concepts initially developed in 1924 by Rudolf Steiner. It was the first of the organic farming movements. It mainly works on the relationship between plant growth and cosmic rhythms and emphasizes the importance of maintaining sustainable soil fertility. Biodynamic farming is different from organic farming. As, many organic farms only grow crops or only raise livestock. While this may be more efficient, it can lead to imbalances like nutrient deficiency. Biodynamic farms unite plants, conscious relationships. That way they support each other and create balance.

Biodynamic Farming



- **Permaculture** The term 'permaculture' was coined in 1978 by Australian professor Bruce Charles (Bill) Mollison. Permaculture is a holistic approach to design agricultural systems and land management that is inspired by nature. It aims to reduce waste, pollution and the impact on the environment, while also increasing sustainability and biodiversity. It works by using natural patterns to design systems that are self sufficient and sustainable. Permaculture uses biological resources to reduce the need for industrial technologies based on energy and creates pollution free environment. Permaculture often includes domesticated animals to help with nutrient cycling, need maintenance and pest control. And, it uses rainwater harvesting to help with water management. Permaculture helps in reducing waste and pollution. It improves the land's resiliency and biodiversity. It can help to protect wildlife. Permaculture can help ensure access to clean water, air and food.

Organic
Farming



Permaculture

- **Urban Agriculture** Urban Agriculture is the practice of cultivating crops, livestock, a types of food in an urban environment. The term applies to the area activities of animal husbandary, aquaculture, beekeeping and horticulture in an urban context. Urban argiculture can appear at varying levels of economic and social development some of the first evidence of urban agriculture comes from early mesopotamiam cultures. The

benefits of urban agriculture for cities are numerous. Cities transformation from food consumers to generators of agricultural products contributes to sustainability improved health, and poverty alleviation. Urban Agriculture creates circular energy loops in which food is consumed in the same place. It is produced and waste is not exported to the peripheral rural areas.

Urban Agriculture



Waste water and organic solid waste can transformed into resources for growing agriculture products. The former can be used for irrigation, the latter as fertilizer. Vacant urban areas can be used for agriculture production instead of sitting unused. U.P.A. is a very effective tool for fighting hunger and malnutrition. Since it tackles access to food for an impoverished sector of the urban population. A large part of urban agriculture involves the urban poor. In developing countries, the majority of urban agricultural production is for self consumption, with surplus sold in the market.

- **Hydroponics and Aquaponics** Hydroponic farming is a method of growing plants in a water based nutrient solution instead of soil. It is a type of horticulture that uses an artificial environment to grow crops and medicinal plants. In this process, plants are rooted in a growing medium like perlite, coconut coir, or vermiculite. In this, the nutrients are added to the water to feed the plants. The plants draw nutrients from the solution through the roots. The roots need to be aerated. It proves to be lightly beneficial as it conserves water and land both and it helps in reducing environmental damage and species extinction. And, hydroponic systems can produce higher yields than traditional farming and benefiting small farmers growing herbs like basil, cloves, cilantro, till, mint, oregano, parsley, rosemary and thyme with fruits and vegetables like tomatoes, cucumber, pepper, eggplants, watermelons and melons.
- **Agroforestry** is the production of trees and non tree crops or animals on the same piece of land. The crops can be grown together at the same time and can be grown in rotation, or can ever be grown in separate plots when materials from one are used to benefit another. It is also known as agro-sylviculture or forest farming. It is a land use management system that integrates trees with crops or pasture. It combines agricultural and forestry technologies. As a polyculture systems, an agroforestry system can produce timber and wood products, fruits nuts and other edible plant products, edible mushrooms, medicinal plants, ornamental plants, animal products and other products from both domesticated and wild species. Agroforestry has economic, environmental and social benefits. It improves farm productivity, healthier environment, reduction of risk for farmers, increased farm profits, reduced soil erosion, creating wildlife habitat, less pollution managing animal waste, increased biodiversity, improved soil structure and carbon sequestration.

CONCLUSION

Different sustainable agriculture practises are used to secure environment and to produce maximum profit while practising agriculture. The above methods can be used to ensure profitability, productivity and sustainability in the farming systems for longer run for the present and coming generations to come.

Securing environment with limited use of resources in a well defined manner can ensure the “Mother Earth” to feed the billions with same agricultural productivity.

REFERENCES

- [1]. Alkaisi, M.M., Yin, X. and Licht, M.A. 2005. Soil carbon and nitrogen changes as influenced by tillage and cropping system in some Iowa soils. *Agriculture, Ecosystems and Environment*, 105(4): 635-647.
- [2]. Altieri, M.A. 1995. *Agroecology: The Science and Sustainable Agriculture*. 2nd edition. Westview Press, Boulder, Colorado, 433p. ISBN 185339 2952.
- [3]. Altieri, M.A. 2002. Agroecological principles for sustainable agriculture. In: *Agroecological Innovations: Increasing Food Production with Participatory Development*. N. Uphoff (Ed.) London: Earthscan. pp. 40-46.
- [4]. ASA. 1989. Decision reached on sustainable agriculture. *Agronomy News*, American Society of Agronomy, Madison, WI, January, p. 15.
- [5]. Braat, L. 1991. The predictive meaning of sustainability indicators, In: *Search of Indicators of Sustainable Development* (O. Kurk and H. Vergruggen, Eds.). Dordrecht Kluwer Academic Publishers, The Netherlands.
- [6]. Brink Ten, B.J.E., Hosper, S.H. and Colin. F. 1991. A quantitative method for description and assessment of ecosystems: the AMOEBA-approach. *Marine Pollution Bulletin*, 23, 265-270.
- [7]. Brown, L.R. and Kane, H. 1994. *Full House: Reassessing the Earth's Population Carrying Capacity*. Washington DC and New York World Watch Institute and W.W. Norton.
- [8]. Brown, LR. 2001. *Eco-Economy: Building on Economy for the Earth* Washington DC, and New York: World Watch Institute and w.w. Norton
- [9]. Campbell, A. 1994. Participatory inquiry: Beyond research and extension in the sustainability era. Paper presented at the International Symposium on Systems – Oriented Agriculture and Rural Development. November 21-25, 1994. Montpellier, France.
- [10]. Carpenter, R.C. 1988, Can sustainability be measured? In: *Sustainable Development: Issues and Case Studies*. H.S. Sharma and S.K. Chattopadhyay (Eds.), New Delhi: Concepts, pp.-46-55.
- [11]. Carson, R. 1962. *Silent Spring*. Pub Houghton Mifflin.
- [12]. Cassman, K.G. and Harwood, R.R. 1995. The nature of agricultural system : Food security and environmental balance. *Food Policy*, 20(5): 439-454.
- [13]. Cassman, K.G., Olk, D.C. and Dobermann, A. 1997, Scientific evidence of yield and productivity decline in irrigated rice systems of tropical Asia. *International Rice Commission Newsletter*, 46:7-16.
- [14]. Chand Ramesh and Chauhan Sonia. 2002, Socio-economic factors in agricultural diversification in India. *Agricultural Situation in India*, Feb. 2002. pp. 523-529.
- [15]. Conway, G.R. 1997. *The Doubly Green Revolution: Food for All in the 21st Century*: London Penguin Books.
- [16]. Jodha, N.S. 1994. Indicators of unsustainability. In: *Stressed Ecosystems and Sustainable Agriculture*. S.M. Virmani, J.S. Katyal, H. Eswaran and I.P. Abrol (Eds.). New Delhi: Oxford and IBH Publishing Company, pp.65-77.
- [17]. Karlen, D.L., Mausbach, M.J., Doran, J.W., Cline, R.G., Harris, R.F. and Schuman, G.E. 1993. Soil quality : A concept definition and framework for evaluation. *Soil Society of America Journal*, 61:4-10.
- [18]. King, F.H. 1911. *Farmers of Forty Centuries*, Emmaus, PA : Rodale Press.
- [19]. Lodha, J.K., Pathak, H., Tirol-Padre, A., Dawe, D., & Gupta, R.K. 2003. Productivity trends in intensive rice-wheat cropping system: in Asia. p 45-76. In *Sustainability of the rice-wheat cropping system: issues, constraints, and remediat options*. (eds) JK Ladha, JE Hill, JM Duxbury, RK Gupta and RjBuresh, ASA Special Publication 65, ASA-CSSA-SSSA, Madison, WI, USA.
- [20]. Lynam, J.K. and Herdt, R.W., 1989. Sense and sustainability: sustainability as an objective in international agricultural research. *Agriculture in Developing Countries*, (eds: Goldsworthy. P. and Penning de Vries, F.W.T) Kluwer Academic Publishers, Dordrecht. Netherlands, pp 3-28.
- [21]. Mac Rae, R.J., Hill, S.B., Hennings, J. and Bentley, A.J. 1990. Policies, programs and regulations to support the transition to sustainable agriculture in Canada. *American Journal of Alternative Agriculture*, 5(2): 76.
- [22]. Meadows, D.H., Meadows, D.C., Randers, J. and Behrens, ww. 1972. *The Limits to Growth*. New York Universe.
- [23]. Naeem, S., Thomson, I.J., Lawter, S.P., Lawton, J.H. and Woodfin, R.M. 1994. Declining biodiversity can alter the performance of ecosystem. *Nature*. 368: 734-737.
- [24]. NRS, 1999. *Our Common Journey : A transition Towards Sustainability*: Washington DC: National Academy Press.
- [25]. Paddock, W. and Paddock, P. 1967. *Famine 1975!* Boston, M.A. Little Brown.
- [26]. Pingali, P., Hossein, M. and Gerpacio, RV. 1995. *Asian Rice Bowls: The Returning Crisis*. Walling ford, UK: CAB International.
- [27]. Raman. S. 2006. *Agricultural Sustainability: Principales. Processes and Prospects*. Food Products Press New York, USA. pp. 747.